

Additional services available at Market Rasen Children's Centre
If you would like any further information on the services available at the
Children's Centre, please ask a member of staff.

Market Rasen Children's Centre is part of West Lindsey Rural Children's Centre Group which
also includes:

Caistor Children's Centre – 01673 844703
Cherry Willingham Children's Centre – 01522 595980
Welton Children's Centre - 01673 862767

Learning Together Babies/ Tweenies'/Toddlers (age specific)

Learning Together offers a variety of activities as well as a Talk Time, songs and stories to support children's development, by building their confidence as they learn to explore.

Stay and Play Under 1's (0 -1yr)

This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their developmental milestones, following their interests and curiosities.

Learning Through Play (0 – 5yrs)

This drop in session provides a variety of activities for children to explore supporting children's changing needs and interests, the session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills.

Rhyme Time (0 – 5yrs)

A music and rhyme themed session where children can develop their language and communication skills by singing along to their favourite songs and nursery rhymes.

Little Explorers (0 – 5yrs)

A sensory and messy play session providing materials of differing textures, temperatures and consistencies for children to explore, supporting their development and growing confidence.

Virtual Opening Doors to Employment

This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews.

Virtual Grow your own Confidence

A friendly and relaxed 4 week course for parents who would like to build their own confidence. Run in partnership with Lincolnshire Adult Skills and Family Learning Service.

Health Visiting Team (birth – 6yrs)

If you would like to speak to the team about your child's health please call SPA on: 01522 843000.

BreastStart Group (all breastfed babies)

Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh breastfed babies.

WEST LINDSEY Market Rasen & Caistor Children's Centres

WHAT'S ON GUIDE



From Monday 1st Nov – Friday 17th Dec

Market Rasen Children's Centre
Kilwell Road
Market Rasen
Lincoln
LN8 3BJ
Telephone: 01673 844703

Email: marketrasenCC@lincolnshire.gov.uk

Like us on Facebook to stay in touch 

For all up to date information please go to our web pages at:

<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>



Lincolnshire
COUNTY COUNCIL
Working for a better future

Market Rasen and Caistor Children's Centres

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Stay and Play Under 1's (0 – 1yr) 10:00 – 11:00</p>	<p>Learning Through Play @ CAISTOR TOWN HALL (0 – 5yrs) 10:00 – 11:00</p>	<p>Rhyme Time @ CAISTOR TOWN HALL (0 – 5yrs) 10:00 – 10:45</p> <p>Opening Doors to Employment 4 week course 10:00 – 11:00 Email beststart@eyalliance.org.uk to find out more or when the next course begins</p> <p>BreastStart (all breastfed babies) 10:00 – 11:30 10th Nov, 24th Nov & 8th Dec</p>	<p>Learning Together Babies 7 week programme (4th Nov – 16th Dec) With a focus on Physical Development (birth – crawling babies) 10:00 – 11:00 To book please call or email the centre; marketrasenCC@lincolnshire.gov.uk</p> <p style="color: red;">*No sessions on Thursday 16th December due to staff training*</p>	<p>Learning Together Toddlers 7 week programme (5th Nov – 17th Dec) With a focus on Physical Development (crawling – confident walkers) 10:00 – 11:00 To book please call or email the centre; marketrasenCC@lincolnshire.gov.uk</p>
<p>Rhyme Time (0 – 5yrs) 1:30 – 2:15</p>		<p>Learning Through Play (0 – 5yrs) 1:30 – 2:30</p>	<p>Little Explorers (0 – 5yrs) 1:30 – 2:30</p> <p style="color: red;">*No sessions on Thursday 16th December due to staff training*</p>	<p>GROW Your Own Confidence 4 week Course 12:30 – 1:30 Email beststart@eyalliance.org.uk to find out more or when the next course begins</p>